

# Rano e Radka ranila

(Trakia, Bulgaria)

A well-known "dance-song" related to *Pravo Horo* from the region of Stara Zagora. Observed at the *Trakia Pee* Festival, Haskovo, 1966.

Pronunciation: RAH-noh eh RAHT-kah rah-NEE-lah

Music: Yves Moreau CD YM-UOP-07, track 1

2/4 meter

Formation: Open mixed circle. Face ctr, wt on L. Hands joined down in V-pos.

Styling: "Earthy," flat-footed steps. Slight knee bend.

## Meas

## Pattern

16 meas INTRODUCTION (Instrumental) No action.

### I. MOVE RIGHT AND LEFT (Singing)

- 1 Step on R to R (ct 1); step on L behind R (ct 2).
- 2 Step on R to R (ct 1) light hop on R, raising L knee (ct 2).
- 3-4 Repeat meas 1-2, with opp ftwk and direction.
- 5 Step on R twd ctr (ct 1); light hop on R, extending L leg fwd (ct 2).
- 6 Step fwd on L (ct 1); light hop on L bringing R ft behind L calf (ct 2).
- 7 Step back onto R (ct 1); step back onto L (ct 2).
- 8 Step fwd onto R (ct 1); small hop on R (ct 2).
- 9 Step slightly fwd onto L (ct 1); hop on L (ct 2).
- 10 Close R sharply to L, no wt (ct 1); pause (ct 2).
- 11-30 Repeat meas 1-10, two more times.

### II. TRAVELLING (Instrumental)

- 1 Facing LOD, step fwd onto R (ct 1); hop on R (ct 2).
- 2 Still moving LOD, step fwd on L (ct 1); hop on L (ct 2).
- 3 Facing ctr, do a light "three-step" (RLR); sdwd R (cts 1,&,2).
- 4 Repeat meas 3 in with opp ftwk and direction.
- 5-7 Repeat meas 1-3.
- 8 Facing ctr, step onto L, bending upper body slightly fwd (ct 1); light stamp with R next to L, no wt (ct 2).
- 9-16 Repeat meas 1-8.

Repeat dance from beginning.

Presented by Yves Moreau